

# Pathway to Employment

We believe that work  
leads to a *more fulfilling  
life and better wellbeing*

## What is a Peer Employment Worker and how can they help?

Working Well's Employment Worker, is someone who has lived experience of mental health challenges, and is able to share their journey in order to support and encourage others in their recovery.

### Who can access Peer Employment Support:

- > Over the age of 18 and above
- > A resident of Tower Hamlets
- > Do you live with mental health challenges and require peer employment support?

EMPLOYMENT HUB



**working**well  
trust

Support is offered individually and is tailored to include practical, emotional, and social wellbeing support.

A Peer Employment Worker can assist individuals to progress towards employment, and/or education, training and volunteering opportunities.

## How to access a Peer Employment Worker's Support?

**Ninara Bibi**  
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