



# IPS Workwise.

EMPLOYMENT SERVICES  
NEWHAM

Looking for support to  
gain or sustain work?  
We're here to help!

Contact us today on:  
[NewhamIPS@wwtrust.co.uk](mailto:NewhamIPS@wwtrust.co.uk)  
020 7729 7557

workingwell  
trust

Twiningenterprise  
mental wellbeing through work

part of Hestia  
LIFE BEYOND CARES



East London  
NHS Foundation Trust

Free employment support for people with mental health needs



Our Employment Specialists provide support to empower individuals with serious mental health challenges, who want to work as part of their recovery journey, to gain and sustain paid employment through the internationally recognised IPS (Individual Placement Support) model.

For one-to-one confidential support and advice, join IPS Workwise Employment Services delivered in the London Boroughs of Barking & Dagenham, Newham, Havering, Redbridge and Waltham Forest. Contact us direct on [info@wwtrust.co.uk](mailto:info@wwtrust.co.uk) or talk to your mental health team.

## How can IPS Workwise help you?

- Support you to find the right job
- Prepare a great CV
- Advice on effective job searching
- Improve your interview skills
- Approach local employers together
- Advice on how work might impact benefits
- In-work support after job start
- Help to retain existing employment
- Help boost confidence, self-esteem and motivation to work
- Work alongside your mental health team
- Support your mental health recovery journey