



About WorkWell

At WorkWell, we're here to offer early help and support. We'll work with you to understand any health-related issues that might be in your way and create a plan that fits your needs. We also connect with local services to make sure you get the right help. Together, we'll work to overcome any barriers so you can find or keep a job that's right for you.

For more information please contact

T: 0808 196 2386

E: workwellnorth@shaw-trust.org.uk

or scan the QR code below:



Everyone deserves to feel good about themselves, and having the right job can help. With the right support, work adds structure to your day, helps you meet new people, and gives you a sense of pride. It can also improve your mental and physical well-being.

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North Central London
Health and Care
Integrated Care System

Please email: studio@shaw-trust.org.uk to receive this information in a different format.

WorkWell

North Central London



Finding meaningful work together.

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WorkWell is a free service for people who are in a job or looking for one but need support with health-related challenges. We'll work with you to figure out what you need, offering support from our team and other local services.

Our Work and Health Coach will make sure you get the right support to find or stay in the right job.

Who can use WorkWell?

- You need to be over 16.
- You must be registered with a GP.

You can stop using the service anytime if it's not working for you.

WorkWell is run by Shaw Trust in partnership with NHS, local authority and voluntary sector organisations in Barnet, Camden, Enfield, Haringey and Islington.

How do I get started?

It's easy – just email us at workwellnorth@shaw-trust.org.uk or fill in the enquiry form on our website shawtrust.org.uk/workwell-north-central-london/

How it works

