

A close-up portrait of a young woman with dark, curly hair, smiling warmly at the camera. She is wearing a light blue and white striped shirt.

IPS Workwise.

EMPLOYMENT SERVICES
BARKING & DAGENHAM

**Looking for support to
gain or sustain work?
We're here to help!**

Contact us today on:
BarkingDagenhamIPS@wwtrust.co.uk
020 7729 7557

workingwell
trust


Hestia

NELFT NHS

NHS Foundation Trust



Free employment support for people with mental health needs

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Our Employment Specialists provide support to empower individuals with serious mental health challenges, who want to work as part of their recovery journey, to gain and sustain paid employment through the internationally recognised IPS (Individual Placement Support) model.

For one-to-one confidential support and advice, join IPS Workwise Employment Services delivered in the London Boroughs of Barking & Dagenham, Newham, Havering, Redbridge and Waltham Forest. Contact us direct on info@wwtrust.co.uk or talk to your mental health team.

www.workingwelltrust.org

How can IPS Workwise help you?

- Support you to find the right job
- Prepare a great CV
- Advice on effective job searching
- Improve your interview skills
- Approach local employers together
- Advice on how work might impact benefits
- In-work support after job start
- Help to retain existing employment
- Help boost confidence, self-esteem and motivation to work
- Work alongside your mental health team
- Support your mental health recovery journey