

REACH

RECOVERY • EMPLOYMENT
ASPIRATION • CONFIDENCE • HOPE

Supporting you to take the next step

Our **Information, Advice and Guidance (IAG)** service in **Enfield** provides tailored support, career guidance and opportunities to help you achieve your goals.

To join this service, you must be: 18 or over, living in Enfield and registered with a GP in the borough and living with a mental health condition.

Delivered by

workingwell
trust

In partnership with


**Twining
Hestia**



Free employment support for people with mental health challenges

Our service can support you with:

- Creating and building a CV
- Job searching strategies
- Interview and presentation skills
- Confidence and resilience building
- Support with adjustments into work
- Benefits and debt, or signposting to partner organisations for more detailed support
- Sourcing volunteering opportunities
- Applications to additional training opportunities
- One-to-one and group sessions

Scan the QR code to complete our referral form or contact for more details.



IAG.Enfield@hestia.org



www.workingwelltrust.org



020 3376 4424



Find out more about our employment support at
hestia.org/employment-support