

IN WORK SUPPORT

We believe that positive work leads to a more fulfilling life and better wellbeing. If you are struggling to cope with work because of mental health challenges, we can help!

WHAT WE OFFER



**1:1 SUPPORT TAILORED
TO YOUR NEEDS**



**WORKING WITH YOUR
EMPLOYER
TO BETTER SUPPORT YOUR
WELLBEING**



**WORKING WITH YOU AND
YOUR EMPLOYER TO SAFELY
MANAGE YOUR RETURN TO
WORK**



**SUPPORT TO PUT IN PLACE
WORKPLACE ADJUSTMENTS**



**ADVICE AROUND YOUR
EMPLOYMENT RIGHTS AND
HOW TO APPLY THEM**

CONTACT US



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